



RELOCATION GUIDE

To Alamance County, NC
(Central North Carolina)

Beausoleil Realty Group



Thank you for contacting us regarding your future relocation. Moving to a new area marks a significant life change so we're here to help you navigate this move successfully. I'm sure you have so many questions about the very many minutiae of moving from housing to healthcare. This relocation guide is designed to provide newcomers with valuable information to make your move more enjoyable and less stressful.

HISTORY OF *Central North Carolina*

Central North Carolina is a Confluence of Heritage, Innovation, and Academic Eminence

Nestled between the serene Blue Ridge Mountains and the inviting coastline, Central North Carolina tells a compelling story of indigenous origins to a contemporary innovation hub.

The region's historical narrative bears the marks of indigenous cultures and pivotal Revolutionary War battles, setting the scene for its vital role in shaping the nation's history. What initiated as textile mills ingeniously harnessing river energy blossomed into a bustling textile production center. High Point's revered status as the "Furniture Capital" endures through the adaptive repurposing of historic mills and the global impact of the High Point Market.

Amid landmarks like Guilford Courthouse National Military Park and the North Carolina Zoo, which celebrate the region's diverse cultural mosaic, the true essence of modern Central North Carolina thrives within its prestigious academic institutions. Duke University, the University of North Carolina at Chapel Hill, and North Carolina State University, Elon University, High Point University all shine as beacons of learning, drawing an international community of students and researchers.

WHY I LOVE *Central NC*

-Valerie Beausoleil

Central NC is where My Heart Finds Home

When I first moved from Massachusetts, I didn't know just how much Central North Carolina would come to feel like home—but it didn't take long to find out. There's something about the pace of life here, the way people wave from their porches, and how the community truly comes together that instantly made me feel welcome.

Whether it's walking through downtown Mebane, exploring the local shops in Graham, or watching the Haw River flow quietly at sunset, this place has a way of grounding you. The food tastes better, the skies seem bigger, and the people are some of the kindest I've ever met. It's not just the beauty of the landscape—it's the sense of belonging that fills your days.

Central NC has given me more than a home—it's given me a sense of peace, purpose, and connection. And that's something I'll always be grateful for.



"Life in Alamance County offers the perfect blend of small-town charm, natural beauty, and a thriving community — where front porch living meets forward-thinking opportunity."

CLIMATE

On average...

45 inches of rain per year
4 inches of snow a year
215 Sunny days a year

July is the hottest month with an average high temperature of 89 degrees

January has the coldest night time temperature's with an average of 28 degrees

COST OF LIVING

*The cost of living in North Carolina is 5% lower than the national average. Housing is 14% lower than the national average, while utilities are 2% lower. When it comes to basic necessities such as food and clothing, groceries are around 1% lower than in the rest of the country, while clothing costs 1% lower. Healthcare services such as doctor check-ups and dentistry cost 7% higher in North Carolina compared to the national average. At the same time, non-necessary expenses such as entertainment and grooming services are 1% lower

**rentcafe.com*



PARKS AND OUTDOOR SPACES

There are a large number of great parks in Central NC giving you endless hiking trails, and other outdoor recreation areas that provide opportunities for exercise and relaxation.

To mention a few:

- Occoneechee Mountain state park in Hillsborough has 190+ acres of hiking land
- Lake Michael Park in Mebane is a beautiful 200-acre park with a 59-acre lake
- Lake Cammack in Burlington has 800+ acres w/ shoreline of over 50 miles

SPORTS AND FITNESS FACILITIES

We have Gyms, fitness centers, and sports facilities in many of the local towns. The availability of quality sports and fitness facilities is important for those who value a healthy lifestyle.

To mention a few:

- Planet Fitness available in Hillsborough, Graham and Burlington
- New Millennium Gym is located in Mebane
- O2 Fitness of Burlington

ARTS AND CULTURE

Most of the local towns have history Museums, theaters, and other cultural opportunities for learning and entertainment.

To mention a few:

- Children's Museum of Alamance County in Graham
- Alamance Battleground Historic Site, Burlington
- Haw River Ballroom offers Shows & entertainment

RESTAURANTS AND NIGHTLIFE

Central NC offers a variety of dining options and nightlife activities for those who enjoy socializing and trying new foods.

To Mention a few:

- 212 Seasonal Kitchen in Mebane offers southern comfort food with an eclectic flare
- Grill 584 in Burlington is known for its steaks & seafood in a casually atmosphere
- Prego's Trattoria in Burlington is home of authentic Italian dishes

WINTER SPORTS

Access to ski resorts and other winter sports facilities is not out of the question. The mountains are only a quick two hour ride to enjoy the snow and ski.

To mention a few:

- Wolf Ridge Ski Resort near Mars Hill, NC
- Beech Mountain Ski Resort, Beech Mountain, NC
- Jonas Ridge Snow Tubing Park, Newland NC



NEARBY ATTRACTIONS



LANDMARKS

Alamance Battleground State Historic Site
Burlington

Cedarock Historical Farm
Burlington

SHOPPING AND MARKETS

Tanger Outlets
Mebane

Garden Valley Farmers Market
Haw River

Eno River Farmers Market
Hillsborough

SPORTING & EVENTS ARENAS:

PNC Arena - Raleigh
Greensboro Coliseum

THEME PARKS AND AMUSEMENT PARKS

Wet 'n Wild Emerald Pointe Water Park
Greensboro

ZOOS AND WILDLIFE PARKS

North Carolina Zoo
Asheboro

Animal Park at the Conservators Ctr.
Burlington

MAJOR CITIES

Durham, Raleigh, Chapel Hill, Burlington,
Greensboro,

— ANNUAL FESTIVALS & EVENTS

Local annual festival

Mebane Business Association hosts the annual Dogwood Festival in April each year. Street festival offering: vendors, food, carnival, car show, 5K and more.



LOCAL RACES

Friday night BMX races
Burlington Fairchild Park



Friday Night Auto Racing at the Ace Speedway
in Elon

MUSIC AND ARTS EVENTS

Graham, Mebane & Burlington offer live music festival on Thursdays & Fridays during summer months.



Paramount Theater
Burlington

WINERY'S & BREWERY'S

- Iron Gate Winery - Mebane
- Grove Winery - Gibsonville
- Bright Penny Brewing - Mebane
- Red Oak Brewery - Whitsett



OUTDOOR EVENTS

Summer Movies in the Park
Mebane & Graham



The Sock Puppets
Professional Baseball
Burlington

HOLIDAY AND SEASONAL EVENTS

- 4th of July Parades
- Christmas Parades
- Christmas Craft Markets



HEALTH CARE

Although we all dread having to go to the hospital, knowing how close they are is an essential asset to relocating.

Having a place within proximity is always an asset. Luckily, this area has a variety of medical facilities in the area that will allow you and your family to feel secure.

Duke Regional Hospital
3643 N Roxboro Street
Durham, NC 27704
(919) 470-4000

UNC Hospital
101 Manning Drive
Chapel Hill, NC 27514
(919) 966-4141



Duke University Hospital
3814 Erwin Rd
Durham, NC 27710
(919) 684-8111



Durham VA Medical Center
508 Fulton Street
Durham, NC 27705
(919) 286-0411



Alamance Regional Medical Center
1240 Huffman Mill Rd
Burlington, NC 27216
(336) 538-7000



North Carolina Specialty Hospital
3916 Ben Franklin Boulevard
Durham, NC 27704
(919) 956-9300

SHOPPING

CONVENIENCE SHOPPING OPTIONS

- Alamance Crossing (outdoor mall) - Burlington
- Holly Hill Mall & Business Center - Burlington
- Tanger Outlets - Mebane
- University Commons - Burlington

BOUTIQUES

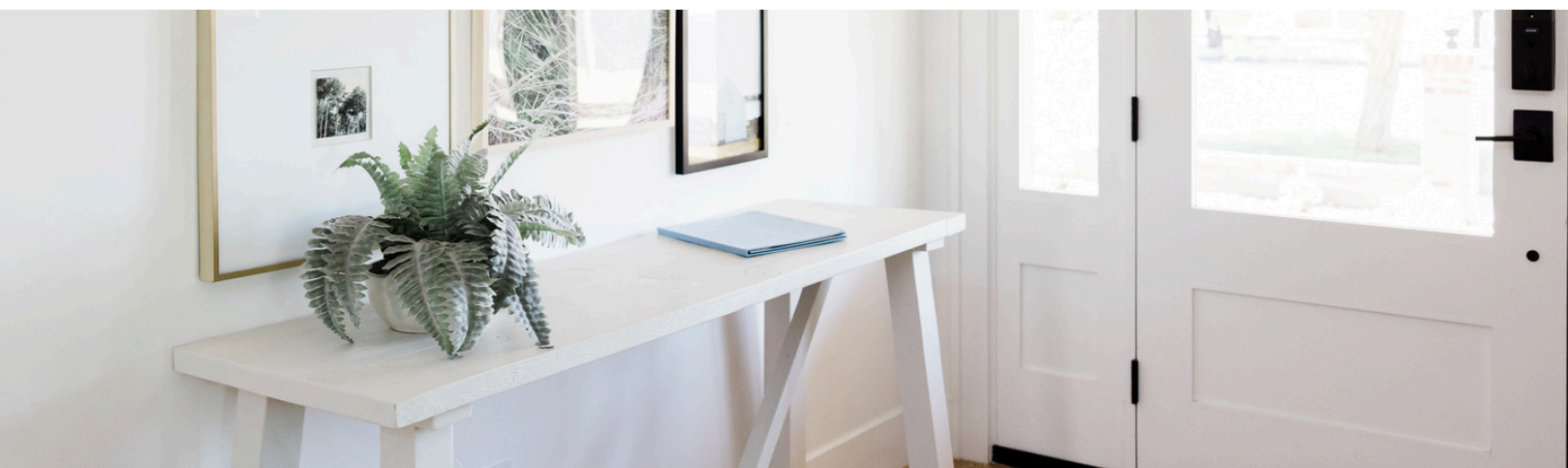
- Candor Market -Mebane
- Deez and Beez Boutique-Graham & Mebane
- Solgarden - Mebane
- The Go Girl Shoppe - Mebane

THRIFT & CONSIGNMENT STORES

- Bella's House Consignment, Furniture & More -Burlington
- Consignment Connection - Burlington
- Sandy's Consignment Boutique - Graham

ANTIQUES

- Carolina Pickin' Antiques and Collectibles - Mebane
- Granddaddy's Antiques & Collectors Mall - Burlington
- Wayne's Attic Antiques - Burlington



RESTAURANTS

Highest Rated:



CASUAL DINING

Restaurants offering a more relaxed dining atmosphere, typically with table service and moderately priced menu options.

- Junction on 70, Mebane
- Ciao Pizza & Italian, Mebane
- Village Grill, Burlington

FINE DINING

Upscale restaurants offering gourmet cuisine, fine wine, and exceptional service.

- Grill 584, Burlington
- Michelle's Kitchen & Table, Burlington
- Prego's Trattoria, Burlington

ETHNIC CUISINE

Serving a variety of foods from Mexican, Salvadoran and Indian

- Toro's Cantina, (Mexican), Mebane
- El Carbonero (Salvadoran), Burlington
- Curry Palace (Indian), Burlington

VEGETARIAN AND VEGAN

Restaurants offering menu options that are vegetarian or vegan-friendly.

- The Root, Burlington
- Crafted, Burlington & Mebane
- Mike's Vegan Grill, Burlington

FOOD TRUCKS

Mobile food vendors offering a variety of menu options, often with a focus on street food or specialty cuisine.

- Baconessence, Burlington
- Curbside Cravin's, Burlington
- Burlington Food Truck Rodeo, Burlington

BARS AND PUBS

Establishments serving alcoholic beverages and offering a variety of food options, including pub fare, snacks, and small plates.

- Bright Penny Brewing, Mebane
- The Verdict, Graham
- Red Oak Brewery, Whitsett

EMPLOYERS

Taking the time to research and understand the best employment options in a potential new location can help ensure a smooth transition and a successful long-term move.

The top employers in the areas are:

- Duke University Hospital
- Bank of America
- Lowe's Companies, Inc
- Novant Health
- Atrium Health
- Labcorp
- Honda
- Toyota
- Walmart
- Samet Corp

BUSINESS & INDUSTRY

Alamance County's economy is anchored by manufacturing, life sciences, and distribution industries. Its deep textile roots evolved into advanced manufacturing and automotive production, while companies like Labcorp have made the region a national hub for medical testing. The area's success stems from its central location, skilled workforce, and a strong foundation of industrial infrastructure.

Alamance County actively supports new and growing businesses through local incentives, workforce development programs, and a strong entrepreneurial ecosystem. The Alamance Chamber of Commerce plays a key role by offering business resources, networking opportunities, and support for economic development initiatives. Their collaborative efforts help foster a thriving business community throughout the region.



NEIGHBORHOODS

But with so many great areas to live in Alamance County it can be hard to decide where to call home. That's why we've put together this list of the best neighborhoods. Get your home search started with these top picks:

neighborhood name

Detailing a neighborhood is critical for effectively communicating the unique characteristics and qualities of a specific area to potential buyers. A comprehensive and accurate description of a neighborhood helps showcase its assets, such as its proximity to schools, shopping centers, and parks, as well as its overall atmosphere and community feel.

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THE MARKET AT A GLANCE

Avg. Sales Price

\$325,000

Avg. Days
On The Market

45 Days

Average Listings
Available

256

Avg. Price
Per Sq. Ft.

\$180



MEET THE TEAM



VALERIE BEAUSOLEIL

Broker / Owner

Founder and broker-in-charge of Beausoleil Realty Group, known for delivering expert guidance with integrity, heart, and a deep commitment to community.



JEN GARZA

REALTOR®

Helping clients navigate the real estate market. Saving our clients tons of time and money on the road to their new homes.



SABRINA BERGMANN

REALTOR®

Local real estate expert getting clients' homes sold with competitive pricing and finding the right buyers to get your home sold.



CLAUDIA CLEMENTE

Transaction Coordinator

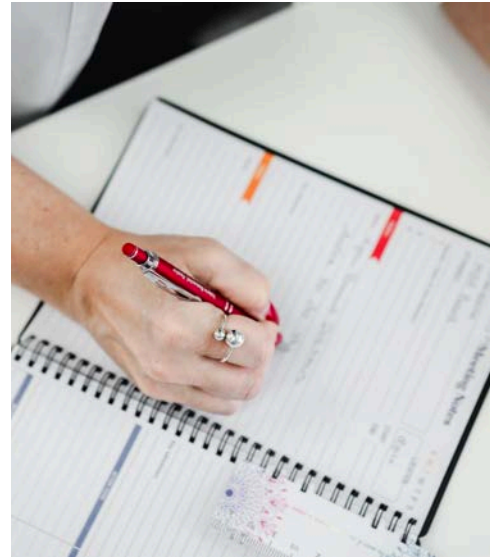
Ensuring our clients have a smooth buying and selling transaction experience.

*We look forward to working with you
for a successful relocation!*

CONTACT US!

Whether you're relocating for a new job, a lifestyle change, or simply a fresh start, we know this guide is just the beginning. Every move comes with unique questions, and we're here to help you find the answers. At Beausoleil Realty Group, we don't just help you move—we help you belong. Welcome to Alamance County, where community, opportunity, and charm come together to create a place you'll be proud to call home.

That's where we step in. Let's talk one-on-one. Tell us about your needs, and what you desire in a community, and allow us to connect you with the resources, the help, and the answers you need to plan your relocation.



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201 N Second St
Mebane, NC 27302

ABOUT *BRG*

Beausoleil Realty Group (BRG) is an independent, women-owned real estate agency based in Mebane, NC, proudly serving Alamance County and surrounding areas in both the Triad and Triangle regions. Known for our client-first approach, BRG was founded on the belief that real estate should be rooted in trust, transparency, and tailored service—and that buying or selling a home should be a rewarding experience.

We're more than just agents—we're neighbors, advocates, and local experts who are deeply involved in the community. Whether you're relocating for work, lifestyle, or a fresh start, our team understands the importance of finding not just a house, but the right place to call home. We offer thoughtful guidance, neighborhood insight, and a commitment to making your transition as smooth as possible. At BRG, we believe in real estate the way it should be—with integrity and results you can trust.



Put our passion and knowledge to work for you!

