

Synergy Mag



The Overwhelming Emotions During Home Buying

I have a pretty scary topic that I want to talk about today: our emotions. Many of us would like to think that we don't have these, we aren't really affected by them, or at least they don't influence our decisions. You're allowed to think that, but you can be wrong.

Often, a sense of being overwhelmed might come to visit. It may have felt overwhelming to embark on the journey to get to the starting line of buying a home. The speed of the market, the process, the unfamiliar terms, the size of the monetary exchanges happening, and the rest of life still occurring outside of this transaction can all feel really overwhelming—and that's okay.

"Fear is also often a very common emotion during the home-buying experience."

Fear is also often a very common emotion during this experience. You may be afraid of having to take a hard look at your finances and your credit or letting someone else like your lender review your financial health. You're worried you may not have enough, and not doing it well enough.

You may also hear the idea of a buyer getting cold feet, which is when someone made a step forward but decided it was too scary to continue on, and they let that fear stop them. Furthermore, you might notice stress. You start asking yourself these questions: Am I making the right choices? Am I doing this correctly? Will my offer get accepted, and will I get the house that I really love?



The good news is that all of this is normal. I assume I'm not the only one who appreciates knowing what to expect, so that when it happens, you're not thrown off kilter. When you feel stressed, when the fear approaches, or when you're feeling overwhelmed, you can say, "This is what they were talking about," and you can feel it and move forward.

Ultimately, the goal is to not let the negative emotions override the power of positive emotions, so you can successfully reach your next destination. If you have questions about what you could go through during your home-buying journey or anything else that's related, call or email me. I'm always happy to help!