

Meet the Team!



Rowland Bowen
Lead Listing Specialist

Growing up on a small tobacco farm in eastern North Carolina, I learned the value of hard work. Choosing to stay in eastern NC was easy as I love where I live. After graduating from Campbell University, I worked for Sprint and lived on the beach for a while. A gentleman that worked for me had left real estate and I would tell him how much I always wanted to become a Realtor. In 2003 I decided to chase my dreams and moved to New Bern to start my real estate career. I found my passion as I truly love helping people and what I do. I am blessed with an amazing wife, Courtney, who I am head over heels in love with and two magnificent children, Emma and Isaac. I love being a part of this community and all it has to offer, though I still have a little beach bum in me which can be cured with a short drive to our close by beaches!



Meg Underwood
Lead Buyer's Specialist

I'm married to my handsome husband John plus mommy to my beautiful active kiddos Cooper and Caroline. I was raised in Kinston, NC in a farming family. My first job was topping and suckering in the tobacco fields in the hot summers of Eastern NC. In 2001, I graduated from East Carolina University with a BS in Business concentration in Marketing. Later in the Spring of 2002 I wanted to travel the world so I enlisted in the US Army as an Information System Analyst. I received a Master of Science of Management with a concentration in Human Resources in Augusta, GA. I then moved back to NC and obtained a North Carolina Teaching Licensure through ECU. I taught Middle School Business Education classes for 4 years and then took 2 years off to stay at home with my sweet kiddos. I then jumped into Real Estate with both feet!



Courtney Bowen
Transaction Manager

Bringing a strong sense of organization and enthusiasm, Courtney truly enjoys her position as Transaction Coordinator for The Rowland & Meg Team. Originally from Northern California and living several years in Kalispell, Montana, Courtney settled in Eastern North Carolina in 2000. Attending the University of North Carolina-Wilmington, she received her Bachelor's Degree in Elementary Education in 2003. Given the rare opportunity to teach overseas, she began her teaching career in Geneva, Switzerland and then transfer to Nouakchott, Mauritania in Western Africa. Finally settling back in Eastern North Carolina, which she now considers home, she continued in the field of Education in both Onslow & Craven Counties. Realizing that her true passion lies in providing excellent customer service, Courtney decided to make a career change to assist her husband, Rowland, in the field of Real Estate. Courtney and Rowland have two children, Isaac and Emma, who make this family based decision all the more valuable. She began working with her husband in January 2015 when she earned her NC Real Estate Brokers License. With her attention to detail and customer service experience, she sees transactions through from start to finish, anticipating the needs of our clients.



Cassie Digby
Buyer's Specialist

Cassie grew up in Greensboro, NC as the first born with three younger brothers. She is married to her favorite person, Joey. Cassie earned her proudest title, Mom, in the winter of 2000. Again in 2008 and 2010. Her three kids and hubby are the highlight to her day! After moving to New Bern in December of 2008, she focused her energy on her children for the next 5 years. During that time Cassie's love for design and creativity caused her to start a reupholstery business. With this endeavor she began to help people with their home decorating decisions. She also assisted Meg Underwood in helping sellers with home staging. Cassie continued her interest in assisting people to make their homes beautiful by joining New Bern's Carpet One in 2013 as a Design Consultant. She enjoyed her three years at Carpet One learning the industry. Cassie decided to pursue Real Estate in the summer of 2016 and after passing her licensing exam, she joined Meg as an agent. At the end of 2016, Cassie eagerly joined The Rowland & Meg Team as a Buyer's Specialist.